











November 2015

La Presa Community Center



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Elderly Exercises Loteria	3 Elderly Exercises Loteria	4 Doctors Hospital 9 am-12 pm	5 Elderly Exercises Loteria	6 Exercise Loteria	7
8	9 Elderly Exercises Loteria	10 Crafts- Scarves 	11 Veteran's Day 	12 Elderly Exercises Loteria	13 Exercise Loteria	14
15	16 Elderly Exercises Loteria	17 Crafts- Scare Crow 	18 Doctors Hospital 9 am-12 pm	19 Elderly shopping	20 Get up and Move! Loteria	21
22	23 Crafts- Wreaths 	24 THANKS GIVING PARTY 	25 Doctor's Hospital 9 am-12pm	26 	27 Holiday 	28 
29	30 Exercise Loteria					